



01. A Specific Learning Disorder (SLD) in Mathematics is the 'official' term.

Most people know it as dyscalculia.

Dyscalculia means the brain processes numbers, quantities, and maths concepts differently, which makes maths much harder.



02.



In childhood, it can look like:

- Numbers just don't "click"
- Difficulty counting or recognising numbers
- Confusing signs (+, -, ×, ÷)
- Difficulty understanding time or money
- Avoiding maths tasks
- Slow, effortful maths work
- Feeling stressed by maths

03.



Dyscalculia tends to run in families.

It is not caused by low intelligence, poor effort, vision difficulties, teaching styles, or not practicing enough.

You do not grow out of dyscalculia.

But the right teaching and support can make a big difference, especially in the early school years.

04.

