



01.

‘Twice exceptional’ means a person has a neurodivergent brain type and is also intellectually gifted.

It is sometimes shortened to “2e”.



02.



2e people are different. Twice.

A 2e person may have advanced abilities in some areas, while also needing support for things like attention, organisation, emotions, sensory processing, learning, or social demands.

03.



Twice exceptional is not a diagnosis.

It is a term that helps us understand a person’s thinking style, strengths and learning needs, and support needs.

2e people need both challenge and support.

They benefit from thoughtful approaches that foster their strengths and support the areas they find hard.

04.

