



01.

Autistic folk tend to connect differently.

They may approach friendships, relationships, and communication in unique ways.



02.



They may think carefully about social situations.

Rather than acting on instinct, they often think a lot about how to engage and respond.

This takes a lot of mental energy and can be tiring.

03.



They are often direct and honest.

Autistic people tend to think literally and value clarity, fairness, and honesty.

Their connection preferences may differ.

04.

Some autistic folk prefer their own company, while others like a large social circle... and everything in between.

